



January 2024

Newsletter

Paragon Services Engineering & Logistics

Roof Inspection and Maintenance

The roof over our heads is an integral structure that we depend upon and yet have very few lists of requirements. Our main priority should be to make sure that a roof gets inspected asap and have it done regularly & professionally. Inspections can prevent future problems from occurring and small repairs here and there can avert incurring huge repair bills.

If you are planning to do the inspection on your own, it is important to remember that the roofing industry is continuously ranked as one of the most dangerous jobs in the US. Safety precautions should be observed if you are willing to take the task into your own hands and make sure that you are physically capable of doing so without risking injury.

Leaks

The easiest way to check for leaks is checking for dark spots on the ceiling. The goal is to spot small leaks and prevent them from getting bigger.



Gutters

Check if there are any collection of leaves and debris inside of the gutter and have some water run through the downspout to check if there are any obstructions.



Roof and Local Flora

Check for any tree limbs that might be poking the roof as over-hanging tree limbs should be trimmed back. Leaves might gather and clog parts of the roof you want rainwater to flow freely.



Molds and Algae

Look for signs of discoloration or dark streaks on your roof especially on the side that is in constant shade. If spotted, you may have a mold or algae problem. In this case it is always best to hire a specialist to investigate how bad the damage is.

Roof and Debris

The collection of leaves and debris can create a perimeter for water to gather - ultimately breaking down the shingles on your roof from excess moisture. If this happens, leaks may appear from joints, chimneys and joints that are protected by the roof flashings.

Roof Shingles

The roof shingles and roof felt are the most basic components that protect the wood roof from outside elements. If any shingles have loosened up, you can fix it with roofing cement applied at the underside of the loose shingle. Damaged and/or missing shingles will have to be replaced.

Employee Spotlight



Jose Mora



Title: Building Engineer
Years Of Service: 6 Years

What's a fun fact about you that not many people know?

I like to take things apart and put them back together.

Favorite hobby?

Some of my favorite hobbies are lighting fireworks and working on cars.

What are you currently binge-watching?

Currently, I am watching a show on Apple TV called Monarch.

What's one thing you can't live without?

One thing I can't live without is my family.

What advice would you give to someone who wants to enter building engineering?

There are two things: one is to be honest, and the other is to be hardworking.

ALEJANDRO LOPEZ

We value the emails we receive from our clients praising the excellent work of our engineers. Although Alejandro is a recent addition to the Paragon team, he is already gaining recognition from tenants.



Alejandro's hard work. His "can do" attitude is truly so lovely to have around - he never makes me feel like my requests are a bother, but rather he takes everything on in a timely manner all with a smile on his face. I appreciate everything does for me and the office.

ANTHONY PIGGUE



Anthony Pigue has received recognition for responding quickly to requests, his profession and positive attitude. We are proud to have Anthony part of the Paragon team.

Happy Birthday

1/03: Charles Higuera
1/06: Kenneth Pugh
1/07: Miguel Valdez
1/08: Delmer Traylor
1/09: Ronald Phele
1/16: Juan Espinoza
1/20: Chris Hubbard
1/21: Jose Nicasio
1/21: Mario Sotelo
1/22: Tim Waldrep
1/22: Mitlon Williams
1/23: Edwin Robinson
1/25: Sergio Mauldin
1/26: Rosemary Dymek
1/28: Jose Anderson
1/29: Luis Alvarez
1/29: Francisco Castro
1/30: Miguel Godinez

January Events

Jan 11-15th: Borrego Springs Film Festival
Jan 12th: Poway Winter Festival
Jan 12-14th: San Diego Rodeo
Jan 13th: Underground Film Festival
Jan 13th: The Wiz (Musical)
Jan 14th: Monster Jam
Jan 14th: Martin Luther King Jr. Day Parade
Jan 26th – April: Beyond Van Gogh
Jan 27th: Dancing Queen: Abba Glitter Disco
Jan 31st: Jewish Film Festival

Bacon Wrapped Scallops

Ingredients:

16 sea scallops see recipe notes
8 slices bacon cut in half crosswise
16 toothpicks
Olive oil for drizzling
Black pepper & salt for taste

Instructions:

Preheat oven to 425°F.

Pat scallops dry with a paper towel and remove any side muscles. Wrap one scallop in a half slice of bacon and secure with toothpick and repeat. Drizzle olive oil over each scallop and season with pepper and kosher salt. Arrange scallops in a single layer on prepared baking sheet, giving each scallop some room to allow the bacon to crisp. Bake 12 to 15 minutes until scallop is tender and opaque and bacon is cooked through. Serve hot.

